

March 31, 2023
Grades 4-8



That All May Have Life, and Live a Life to the Full

Dear Marymount Families,

On Friday, March 31, 2023 at 10:00 a.m., children in grades 4 - 8 will walk 5 kilometers around Bd du Chateau, Bd de la Saussaye, and Ile de la Jatte. Accompanied by teachers and parent volunteers, students will be encouraged to carry a weight appropriate for their age, height and weight in a double-strap backpack. The following weights are recommended in consultation with Nurse Jayka Rosan:

Grades 6, 7 & 8: 3.5kg-4kg

Grades 4 & 5: 2kg- 3.5kg

This service action is in solidarity with the millions of girls and women who walk daily in search of clean water.

Preparing to *Walk for Water*

To build student empathy and understanding, students will be learning about water-related issues affecting women and girls globally. Some water-themed lessons, led by our Middle School Student Implementation Committee, are already being led inside elementary school classrooms!

At the start of bi-weekly PE classes, students will practice conditioning exercises.

Walk for Water Proceeds



RSHM Life Care Centre Clinic overseen by our RSHM sisters in Chinhoyi, Zimbabwe



Water.org improves water access and sanitation worldwide.

How to support your child

- Ask your child what he or she is learning about water.
- Sponsor your child on the **Walk for Water Pledge Form**
- Sign up to be a *Walk for Water* Volunteer
(Information to be sent by Homeroom Parents.)

Walk for Water Gr. 4-8 Course




For more information, visit:
events.marymount.fr or Walk for Water QR code
Contact: walkforwater@marymount.fr



April 5, 2023
Grades 1-3



 **Marymount**
International School, Paris

That All May Have Life, and Live a Life to the Full

Dear Marymount Families,

Accompanied by teachers and parent volunteers, Grade 1 and 2 students will walk 1 kilometer and Grade 3 students will walk 1.5 kilometers along a course on campus. Accompanied by teachers and Middle School student volunteers, students will be encouraged to carry a weight appropriate for their age, height and weight in a double-strap backpack. The following weights are recommended in consultation with Nurse Jayka Rosan:

Grade 1: 500g

Grades 2 & 3: 1 kg

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